

## Esprit

Esprit is an energy-storing-and-return prosthetic foot, which uses e-carbon foot springs to efficiently absorb energy during weight bearing and return it during off-loading, in order to aid propulsion. Separate heel and toe springs allow axial compliance. Combining the heel spring with a split toe spring results in a tripod design that facilitates enhanced ground compliance.

### Clinical Outcomes using e-carbon feet

Much research confirms the substantial equivalency of all energy-storing and return feet, including Blatchford e-carbon feet<sup>1</sup>.

#### With respect to **SAFETY**

- High mean radius of curvature for Esprit-style e-carbon feet<sup>2</sup>: “The larger the radius of curvature, the more stable is the foot”

#### With respect to **MOBILITY**

- Allow variable running speeds<sup>3</sup>
- Increased self-selected walking speed<sup>4</sup>
- Elite-style e-carbon feet (L code VL5987) or VT units demonstrate the second highest mobility levels, behind only microprocessor feet<sup>5</sup>

#### With respect to **LOADING SYMMETRY**

- Users demonstrate confidence in prosthetic loading during high activity<sup>6</sup>
- Improved prosthetic push-off work compared to SACH feet<sup>7</sup>
- Increased prosthetic positive work done<sup>4</sup>

#### With respect to **USER SATISFACTION**

- High degree of user satisfaction, particularly with high activity users<sup>8</sup>

## References

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