

Review Procedure



Please follow the review advice given to you by the orthotist.

If you require an appointment before this time, please contact the orthotic department.

Orthotic Department Tel: _____



Information for Patients

A Guide to Your Child's Pavlik Harness



Information for Patients

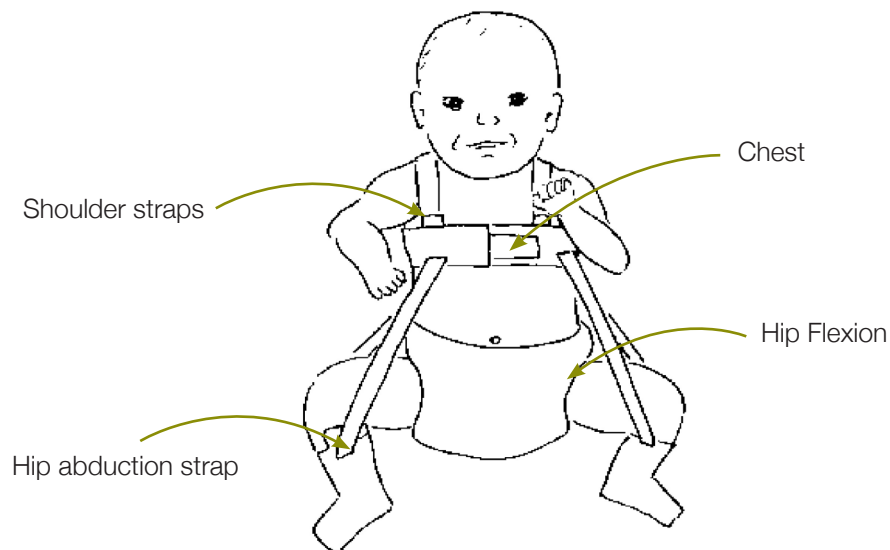
A Guide to Your Child's Pavlik Harness

Aim of harness:

The hip is a ball and socket joint. Your child's hip is unstable and underdeveloped. The aim of the harness is to hold the hip joint in a position which allows it to develop and stabilise.

How does the harness work?

The harness holds the hip in a position that allows the ball to mould the cup, deepening it and resulting in a stable hip.



Guide for Parents

- The **Pavlik Harness will be applied** in clinic and necessary adjustments made to the shoulder and leg straps to hold the hips in the best position for proper hip development.
- The harness must remain on the baby for **24 hours a day** to achieve the best results.
- You **may** be allowed to remove the harness to bathe your baby at your consultant's discretion.
- The harness is designed to allow the baby's nappy to be changed **without** having to undo the harness.
- An appointment will be made for you to attend the Orthotic clinic in **2 weeks time**. At this appointment the baby may be **bathed in a controlled environment** and the harness re-applied.
- Your baby will be **scanned at 4 week** intervals, when you may also see the Orthotist to have the harness checked.
- It is the **Consultant's decision** as to when the harness may be worn at night time only. Usually this is only for a short period of time.

The Pavlik harness supplied is considered the most appropriate for your child's condition. You may discuss alternative orthoses or treatments with the Orthotist, physiotherapist or your consultant.